

WBR Pre-Course Task, Primary Physical Education Lesson Observation Sheet

Name:		
School:		
Date:	Time lesson started:	Time lesson finished:
Year:	Activity:	
<u>Introduction</u>		
<ul style="list-style-type: none">• What were the learning objectives?• Were they explained to the pupils?		
<u>Warm up</u>		
<ul style="list-style-type: none">• What did the pupils do to warm up?• Was the warm up age/activity related and linked to the focus of the lesson?• Did the warm up raise heart rate and mobilize the major joints and muscle groups?• Were the pupils huffing and puffing?		
<u>Main Content</u>		
<ul style="list-style-type: none">• Were the children given the opportunity to learn, practice and develop new skills, techniques and concepts?• Were skills demonstrated by the teacher or children? Give details• Were teaching points given? Provide examples. • Did the pupils understand how to perform the skill? Could they demonstrate their learning or say the key words?• Were pupils given an opportunity to practise and make progress?• How were tasks differentiated to meet individual needs?• Were children given a chance to choose a particular skill and apply it appropriately?• Was there a focus on quality of performance?• Were children given feedback by the teacher to improve their performance?• Did pupils have a chance to observe their own work or that of their peers?• Were criteria given for children to evaluate performance?• Was there any opportunity for self-evaluation?• Was time given for children to refine their performance and improve it?• What evidence did you see that pupils were making progress and learning in this lesson?		
<u>Plenary</u>		
<ul style="list-style-type: none">• Were children given any opportunity to cool/calm down?• Were the learning objectives revisited?• Does the teacher look ahead to the next lesson?		
<u>Additional Notes</u>		