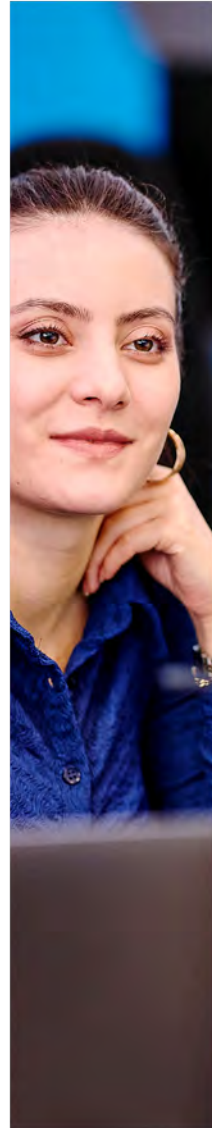
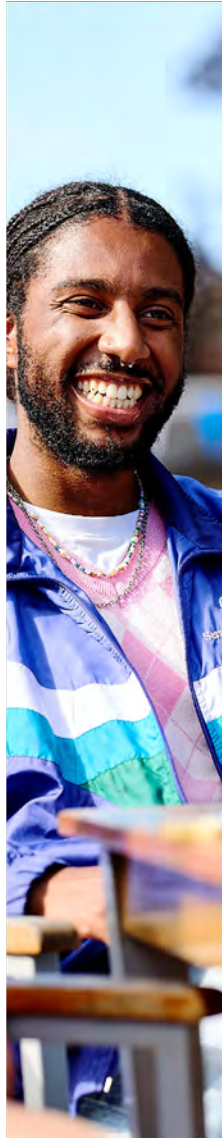




St Mary's
University
Twickenham
London

Undergraduate Experience Day

Saturday 22nd February 2025



175

Years of
Inspiring
Excellence



Welcome

A very warm welcome to your Experience Day at St Mary's University.

We are delighted that you have selected St Mary's as one of your university choices, and I am confident that your experience today will reaffirm your decision that we are the right institution for you.

Determining which university will be your firm choice is an important decision. Your time at university has the potential to be some of the most enjoyable years of your life – and being part of St Mary's means belonging to something bigger. People are at the core of everything we do and by choosing St Mary's, you're choosing a community of talented, driven, diverse and compassionate individuals, forming bonds that will extend far beyond your course.

Today is the perfect opportunity for you to experience what it will be like to be a student here, to help inform this important decision. Our academic staff have designed taster sessions with you in mind, so you can get a real understanding of your chosen course. Our students are also on hand to answer any questions you have about studying and life at St Mary's.

Our purpose is to help you have a successful, fulfilling career – and more! We will give you the confidence and encourage you to make a significant, positive impact on society. As you'll hear today, our alumni are Olympians, experts, artists, teachers and industry leaders who are making a real difference. St Mary's prides itself in striving to create the best possible conditions for you to prepare for more than just a career – we will prepare you for the future.

We hope that you enjoy your day with us and, by the time that you leave, will be excited about joining St Mary's University this September.

A handwritten signature in black ink, appearing to read 'A. McClaran', with a large, stylized flourish at the end.

Professor Anthony McClaran
Vice-Chancellor

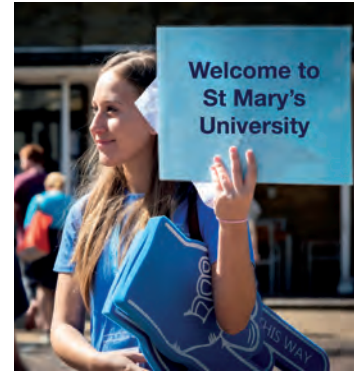


From the first day at St Mary's, everyone made me feel welcome. I love studying at St Mary's because the University has amazing lecturers who are very supportive and helpful. It's a beautiful university, where we always have something to do, from joining different clubs and societies, to sitting on the grass with friends.

Megi Jahja

St Mary's allows for the perfect balance between a tight-knit community and having the benefits of living in a big city. The campus is small, but offers so much. You are guaranteed to always say hello to someone you know anytime you are on campus.

Emma Piffner



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Getting the most from your day

Today is all about exploring what life could be like as a Simmie! This is your opportunity to dive deeper into what we have to offer, from attending engaging academic taster sessions and informative talks to guided campus tours and more. Make the most of today by immersing yourself in all the experiences available and imagine yourself thriving as part of our vibrant student community.

It's your Experience Day, so shape it to suit your needs and around the information you require.



Your Experience Day Check List

-
- Hear from the Dean of your Faculty**
Gain insights into your academic journey and what makes your Faculty stand out.

 - Explore the campus and accommodation**
Join a guided tour and ask current students about life at St Mary's—this is your chance to get the inside scoop!

 - Connect with your future lecturers**
Drop by the academic zone for one to one conversations with the experts who will be teaching and supporting you.

 - Participate in an academic taster session**
Get a feel for your course with a workshop designed to give you a taste of university level study.

 - Discover opportunities beyond the classroom**
Attend talks by Careers, the Students' Union, or Student Services to learn about the supportive community waiting for you.

 - Take a well-deserved break**
Enjoy free refreshments, relax, and reflect on what life at St Mary's could be like for you.
-

General talks and tours

The majority of our academic taster sessions will be taking place between 11.15am and 2.30pm, giving you plenty of time to explore the rest of our campus and discover all the elements that make us a great place to study.

Our tours and zones are open all day, 10am-3pm.

Tours and zones	
Activity	Location
Campus tours Explore our campus and ask our Student Ambassadors any questions you might have about St Mary's. Our campus tours run every 15 minutes and take approximately 45 minutes.	Dolce Vita Lounge
Accommodation tours See the accommodation options available at St Mary's. Our accommodation tours run every 15 minutes and take approximately 45 minutes.	Dolce Vita Lounge
Academic zone Our academic teams will be around all day to answer any of your questions on a one to one basis.	The 1850
Student Services zone Speak to our experts who provide a wide range of support. Our Admissions, Accommodation, Funding, Wellbeing and Chaplaincy team will be present all day to answer any questions.	The 1850
Student Life zone St Mary's Students' Union and Sport St Mary's will be joined by clubs and societies to tell you all about the extra-curricular opportunities available to you whilst you study.	The 1850
Multi-faith prayer room Our multi-faith prayer room is open to all visitors and is located in the main building. One of our friendly Student Ambassadors will be happy to help you find it.	Main building

Talks		
Activity	Time	Location
Welcome from the Faculty of Sport, Technology and Health Sciences Dr Jessica Hill, Dean of Faculty	10.30-11am	K217/222
Welcome from the Faculty of Education, Theology and the Arts Dr Kim Salmons, Dean of Faculty	10.30-11am	G7
Welcome from the Faculty of Business and Law Professor Karen Sanders, Dean of Faculty	10.30-11am	G5
Student Services talk Find out about the student funding, accommodation and wellbeing services at St Mary's, and what support is available to you.	11.05-11.30am	G7
Students' Union talk Our Students' Union (SMSU) is the main representative body of all students at St Mary's. Hear about what support they can offer as well as the major events and entertainment they organise throughout the year.	11.35am-12pm	G5
Careers and Employability talk The Employability team are ready to talk all things careers, work placements, and the support they can offer to ensure you're prepared for life as a St Mary's student and graduate.	12.05-12.30pm	G7
A Q&A Session for Parents and Supporters A session dedicated to supporting parents or carers who have questions about their child's future at St Mary's, and how you can support them on this journey.	12.35-1pm	G7
Preparing for your Physiotherapy Interview Hear from our Physiotherapy team about how best to prepare for your university interview.	1.05-1.30pm	F5
University Skills Session The transition from sixth form and college study to higher education can feel like a big leap. Or, if you've been out of study for a while and feel like you need a refresher on how to best prepare, this is the session for you! Our academics will be providing their tips on how to get ready for university writing, referencing and research.	1.35-2pm	F5
Alumni Talk Hear from James Avery who studied Strength & Conditioning Science at St Mary's. He'll be talking about his experience at St Mary's and how his degree got him to where he is now.	2.05-2.30pm	G5
Student Finance talk A session delivered by the Student Recruitment team, providing an overview of what loans are available and how the repayment system works.	2.35-3pm	G7

Academic taster sessions

Our academic teams have designed engaging taster sessions to give you a firsthand experience of studying your chosen subject at university. These sessions will also include information about your degree and there will be the opportunity for you to ask any questions you might have.

Faculty of Sport, Technology and Health Sciences			
Degree	Session overview	Time	Location
Computer Science BSc (Hons) and pathways	<p>Code, Create, Have Fun: Exploring Computing Through Hands-On Challenges</p> <p>Today you'll get a hands-on taster of the key areas in computing through a series of interactive mini activities. You'll rotate through four practical challenges, each designed to introduce fundamental concepts in Cyber Security, Data Science, Software Engineering, and Artificial Intelligence. You'll have the opportunity to engage in a discussion with academics and students about the real-world applications of these fields, career pathways and what it's like to study computing at university.</p>	11.15am-1.15pm	E-Sports Arena
Chelsea FC Foundation Coaching and Development FdSc (and BSc top-up) Sport Performance Analysis and Talent Identification BSc (Hons)	<p>Coaching and Performance Analysis in Action</p> <p>If you've applied to study the Chelsea FC Foundation Coaching and Development programme you will engage in a practical coach development activity, gaining insight into contemporary games-based coaching and the benefits of this approach.</p> <p>Applicants for Performance Analysis and Talent Identification will observe and use innovative filming technology to live-analyse the 'players' performance, offering a direct experience of what will be taught on this degree.</p>	11.15am-12.15pm	Tennis Centre
Nutrition BSc (Hons) Sport and Exercise Nutrition BSc (Hons)	<p>An Interactive Introduction to Nutrition at University</p> <p>Get ready for an exciting Nutrition Taster Session! Today you'll explore how we teach nutrition through hands-on, interactive activities, including sensory tests that you won't want to miss. Join us for an informative workshop that offers a real taste of what you'll experience as a nutrition student at St Mary's.</p>	11.15am-12.15pm	L1
Physical Education, Sport and Youth Development BA (Hons) Physical Education and Sports Coaching FdSc	<p>PE Teaching and Coaching in Action</p> <p>Today you'll explore some pedagogical concepts and frameworks used within PE teaching and coaching which help foster inclusive learning environments. You will get a chance to explore a framework, discuss and apply your ideas, and then use this to reflect upon a trainee practitioner "in action".</p>	1-2pm	K14

Physiotherapy BSc (Hons)	<p>From Classroom to Career: Your Physiotherapy Journey</p> <p>In this session you'll receive an overview of the course, placements, exams, and a tour of the building, including the lecture rooms for theory and practical sessions.</p>	11.30am-12.30pm	60 Waldegrave Road
Psychology BSc (Hons)	<p>Experience Psychology: Interactive Insights into Mind and Behaviour</p> <p>Delve into the world of Psychology by experiencing first-hand a series of interactive demonstrations in key areas in this field. Sample key findings from psychological research and their practical applications from a range of areas such as Cognitive Psychology, Multisensory Integration, Visual Attention and much more. This will also be an opportunity to meet staff and current students, and view some of the teaching and research from the BSc Psychology programme.</p>	11.15am-12.15pm	Shannon 1 and 2
Psychology with Counselling BSc (Hons)	<p>Understanding Minds: Psychology and Counselling in Practice</p> <p>This interactive session offers a hands-on introduction to key areas of psychology and counselling. You will explore mindfulness as a tool for emotional well-being and self-awareness, consider how cultural differences shape perception and emotional expression through the Rorschach test, and practice identifying emotions through facial expressions to develop skills in empathy and communication. These activities provide insight into the core themes of the Psychology with Counselling degree and what to expect from the course.</p>	1-2pm	Shannon 1 and 2
Sport Psychology BSc (Hons)	<p>Determinants of Effective Sport Psychology Support</p> <p>Today's session is an opportunity for you to get a taste of what it would be like if you decided to come and study Sport Psychology with us. This workshop will be interactive and designed to replicate the type of tasks that would be integrated into lectures and seminars.</p>	11.15am-12.15pm	Shannon 3
Strength and Conditioning Science BSc (Hons)	<p>A Practical Taster of our Applied Science Programmes</p> <p>Get hands-on experience and a preview of the practical content you'll experience in the Sport and Exercise Science, Sports Coaching Science, and Strength and Conditioning Science BSc programmes at St Mary's.</p>	11.30am-1.30pm	PEC
Sport and Exercise Science BSc (Hons)			
Sports Coaching Science BSc (Hons)			
Sports Rehabilitation	<p>Pain and Performance: Hands-on Clinical Skills in Sport Rehabilitation</p> <p>This interactive session introduces key clinical skills in Sport Rehabilitation, focusing on pain perception and performance enhancement techniques. You will measure pain pressure thresholds under various conditions, to explore the subjective nature of pain and the role of context. You'll also get hands-on experience with Neuromuscular Electrical Stimulation (Compex).</p>	1-2.30pm	Naylor Lecture Room 1

- If you are attending the Physiotherapy session, please be at Main Reception for 11.05am.
- If you are attending the Sports Rehabilitation session, please be at Main Reception for 12.45pm. If you're heading to this session from the Physiotherapy talk, the Naylor Building is across the road from 60 Waldegrave.
- Do ask a member of staff or Student Ambassador if you need help.

Faculty of Education, Theology and The Arts

Degree	Overview	Time	Location
Acting BA (Hons) Creative Production BA (Hons)	Screen Acting Basics In this session you will be introduced to basic camera acting techniques and how the skills you will learn on an acting degree can be utilised in front of the camera. You will explore the reaction shot, framing and camera operating. A short exercise will be filmed, and feedback will be given.	11.15am-12.15pm	Studio 4
Filmmaking BA (Hons) Film Studies BA (Hons)	The Power of Visual Storytelling Curious about where great film ideas come from? Join us for a hands-on taster session on the art of filmmaking! In this one-hour workshop, you'll spark creative ideas, learn how to craft compelling stories, and explore short films to see how filmmakers bring visions to life. Whether you're into directing, writing, or cinematography, this session offers a taste of the skills and creativity behind our BA Filmmaking and BA Film Studies courses.	11.15am-12.15pm	Media Studio
Creative and Professional Writing BA (Hons) English Literature BA (Hons) History BA (Hons) Liberal Arts BA (Hons)	What is Art? Artistic expression is a core part of being human. In this talk, we'll explore different answers to "What is Art?" and how societies view it. After an introduction, we'll break into groups to discuss how art helps us understand literature, history, politics, and creative writing. You'll gain insight into our department's approach, offering opportunities to explore big questions from multiple perspectives, collaborating with staff and students across the liberal and creative arts.	11.15am-12.45pm	Senior Common Room
Education Studies BA (Hons)	Exploring Key Debates in Education This session will invite you to engage in a dialogue about the purpose of education and schooling through various activities. It will also introduce you to the key issues, theories, and topics covered in the Education Studies programme.	12.30-1.30pm	K18
Primary Education BA (Hons) with QTS (including work-based routes, FdAs and Foundation Year)	Learning Through Play In this hands-on interactive taster session, Dr Viki Veale (senior lecturer in Early Years and Primary Education) invites you play! Together, we will explore what we mean by the learning environment, consider what learning is and reflect on what that might look like on your BA Primary Education course at St Mary's University.	11.15am-12.45pm	K106
Theology, Religion and Ethics BA (Hons) Theological Studies BA (Hons)	Things you didn't know about the Gospel of Mark You may be familiar with the stories of Jesus as they are recounted in the Gospels, but have you considered the gospels individually? In this short session we will look at the Gospel of Mark and try to understand the background and intentions of the original author.	11.15am-12.15pm	F4

Faculty of Business and Law

Degree	Session overview	Time	Location
Criminology and Sociology BSc (Hons)	<p>What Do You Think About Crime, Justice and Punishment? You Be The Judge!</p> <p>Explore the big questions in criminology: What is crime, how is punishment delivered, and what is justice? In this interactive session, you'll play the role of judge, deciding punishments for various crimes. Debate, discuss, and examine the gap between public perception and evidence on crime and punishment. Come see what kind of public criminologist you could be!</p>	1-2.30pm	Senior Common Room
Law LLB (Hons) Law with Criminology LLB (Hons) Law with Business LLB (Hons)	<p>Mens Rea: The Mind Behind the Crime</p> <p>The biggest part of legal studies at SMU is combining the practical legal skills with the legal concepts. This session will expose students to that approach using one of the most important parts of the criminal law; mens rea. Using a mini-lecture, activities and discussions, similar to our teaching styles at SMU, we will come to a conclusion on if the mind can be guilty or not guilty.</p>	11.15am-12.45pm	F5
Business Management BSc (Hons) and all pathways Sports Management BSc (Hons) Marketing and Communication BSc (Hons) Marketing and Sports Communication BSc (Hons)	<p>A dynamic introductory session to the School of Business and Communications</p> <p>This taster session will provide you with hands-on experience as you participate in a carousel of activities. You will have the chance to engage with a variety of programme related topic areas in a dynamic and interactive way, whilst also having the opportunity to connect with your future classmates.</p>	11.15am-12.15pm	Waldegrave Drawing Room



Dolce Vita Café

Places to eat and drink today

The Refectory

Take a break for refreshments and a chat in The Refectory, the University's largest food outlet in the heart of campus. Choose from an extensive menu of freshly cooked meals, snacks and drinks. Light bites are available throughout the day and our lunch menu is available from midday.

Dolce Vita Café and Lounge

With floor-to-ceiling windows and an outside terrace overlooking the University's grounds and the Sir Mo Farah athletics track, the Dolce Vita Café provides a great location to take five. Choose from a range of refreshments including Paddy & Scott's coffee, cold drinks and a selection of cakes, sandwiches and light lunch options.

What's available today?

Head to the Dolce Vita Café from 11.30am to grab your free pancake!

There is also free tea and coffee available in the Dolce Vita Lounge.



The Refectory



The 1850

Your Students' Union

St Mary's Students' Union (SMSU) is the main representative body of all students at St Mary's University. We're here for you if you need support and advice on an individual basis and represent St Mary's students locally and nationally. We're the heart of student life and societies on campus, hosting and organising major events and entertainment throughout the year.

Your Opportunities

From societies to fundraising and volunteering, we provide opportunities to meet new people and build your Simmie experience. Getting involved with



one of our societies is a great way to make your university life memorable. Follow a new interest or link up with a cultural group – we've got it all.

Your Voice

We empower you to shape your university experience by providing opportunities for you to give feedback on your course and student life, and to campaign on issues that matter to you. Each year, SMSU holds elections for the new leaders of the organisation: the Education President and the Student Life President. We also have 4 Vice-Presidents: Inclusion, Wellbeing, Postgraduate and International. These roles, along with course rep and subject chair roles, give you a fantastic chance to be part of the democratic voice for St Mary's students at a national level.

Events

We run a range of events to give you new experiences – whether that's cheering on your friends at Varsity, riding the Ferris wheel at Welcome Fest, or dancing the night away at Summer Ball.

Supporting you

We work to make sure that you have access to the right support whenever you need it by collaborating with the University to ensure your welfare needs are met. We lead many welfare and diversity campaigns throughout the year, including Mental Health Awareness and LGBTQ+ history. We can advise on a range of issues or help to signpost you to professional services on and off campus. Additionally, we collect your opinions on local health services, internal and external support providers and give feedback to ensure this informs development of the services that you use.

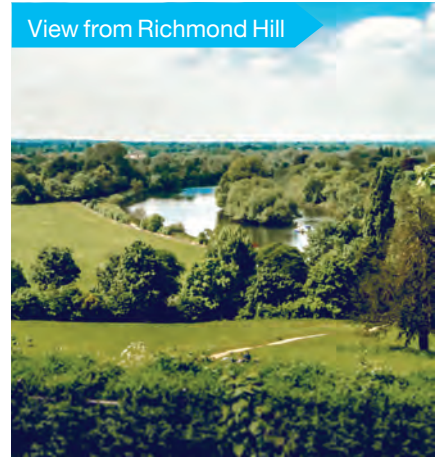
www.stmaryssu.co.uk



Twickenham Riverside



View from Richmond Hill



Explore the local area

If you have some free time after your visit today, why not make the most out of your trip to this beautiful part of London.

Twickenham may be most well-known for its association with rugby but there is plenty more to see, such as Church Street with its boutiques, cafés and bars. There are also sites of cultural and historical interest, including Hampton Court Palace, the Thames riverside and the nearby Royal Parks (Bushy and Richmond).

If you still have energy to spare, you can hop on a train from Twickenham and connect to Richmond, Clapham Junction and Waterloo.

Twickenham Stadium



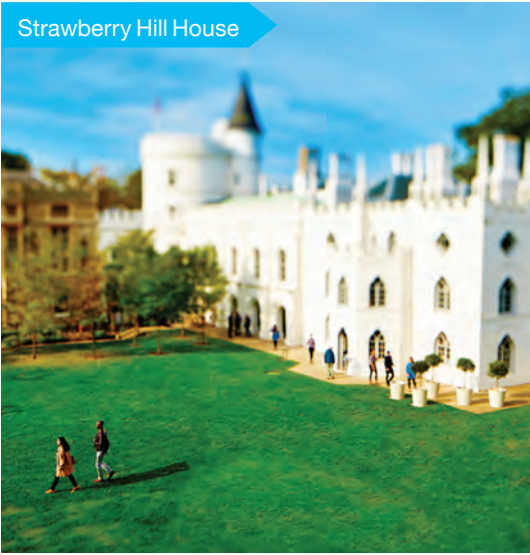
Central London



Church Street, Twickenham



Strawberry Hill House



Hampton Court Palace



I love Church Street which is arguably the most charming part of Twickenham. It's made up of 40 independent restaurants and businesses, and hosts so many local events and street festivals. While you're there, make sure to drop by Twickenham's riverside and capture the moment from Eel Pie Island bridge!"

Jakub, BA (Hons) Communications, Media and Marketing graduate and current MSc Marketing student



What do our students recommend?



Richmond is one of my favourite places in London and it's just a ten minute bus or train ride away from campus. The area by the Thames is beautiful, especially during sunset when you walk across the bridge or along the different trails. Church Street, in the heart of Twickenham, is a great spot with cafés, restaurants and boutiques. One of my all-time favourite restaurants is Osteria Pulcinella, an Italian gem where I had the most delicious food during my own Experience Day visit. I've made it a tradition to return for birthdays and special occasions! Let's not forget the Princess Alice charity shops – I adore thrifting there. The items found in the charity shops in this area are always of great value. There is the Rotunda in Kingston. It is across the street from Kingston train station and has bowling, escape rooms, an Odeon, and other restaurants.

Jolanta, BA History (Hons) graduate and current MA Public History postgraduate

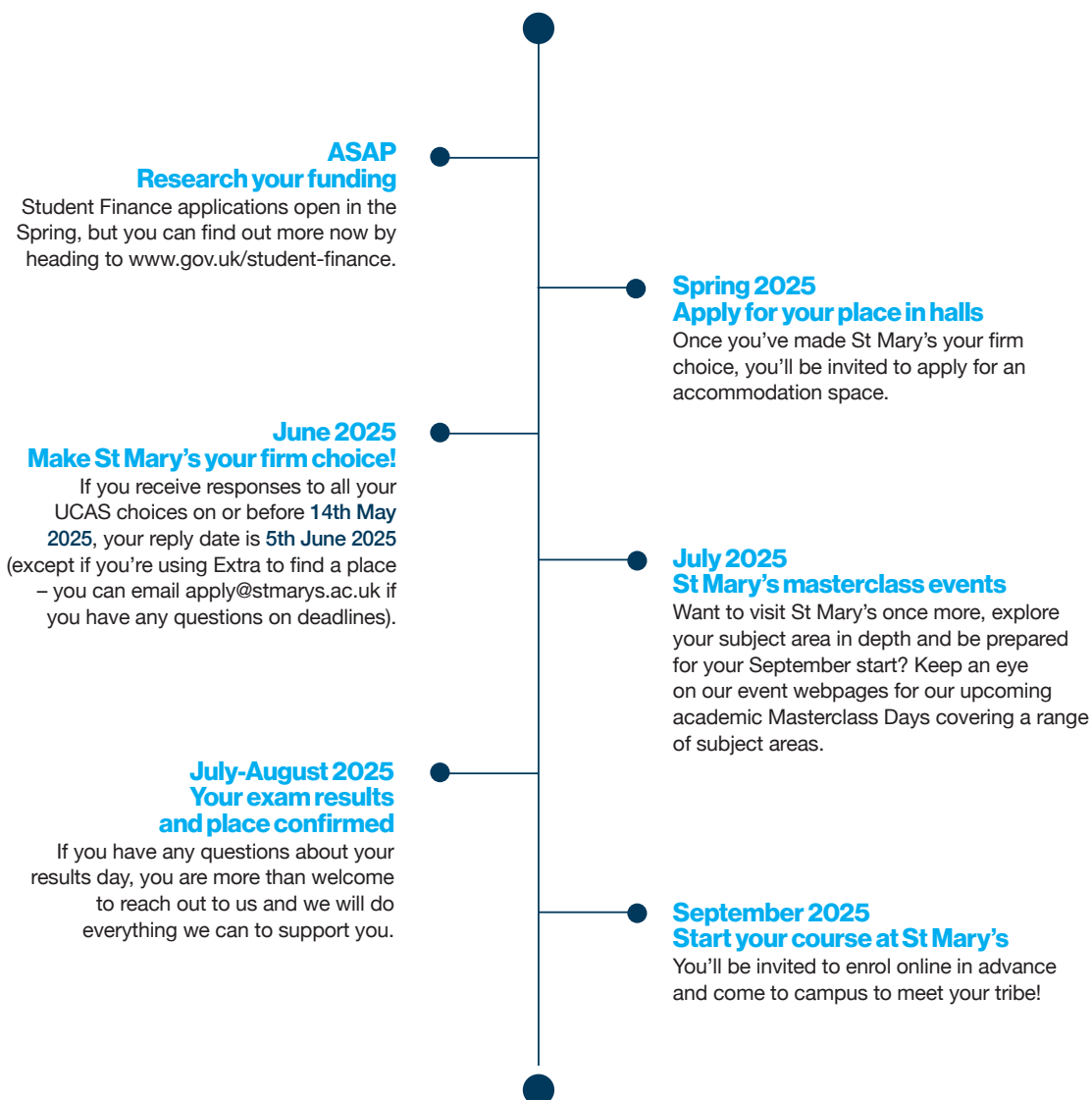


Bushy Park



Your timeline to St Mary's

You can now check 'Attend an Experience Day' off your pre-university to-do list! As you prepare to join St Mary's this September, we'll keep you updated with important information throughout the year. If you have any questions or need guidance, our friendly Student Recruitment team is here to help. Simply reach out to us at hello@stmarys.ac.uk, or follow [@2025.simmies](https://www.instagram.com/2025.simmies) on Instagram, and we'll connect you to the right people. We can't wait to welcome you!





Stay up to date with all things St Mary's

Parent and supporters comms



If you'd like to be kept updated with next steps and information about the journey to becoming a St Mary's student, as well as parent and guardian focused events, please scan this QR code to sign up.

Download the MySMU app



Our MySMU app is where you will find all the information you need as you prepare to start St Mary's this September.

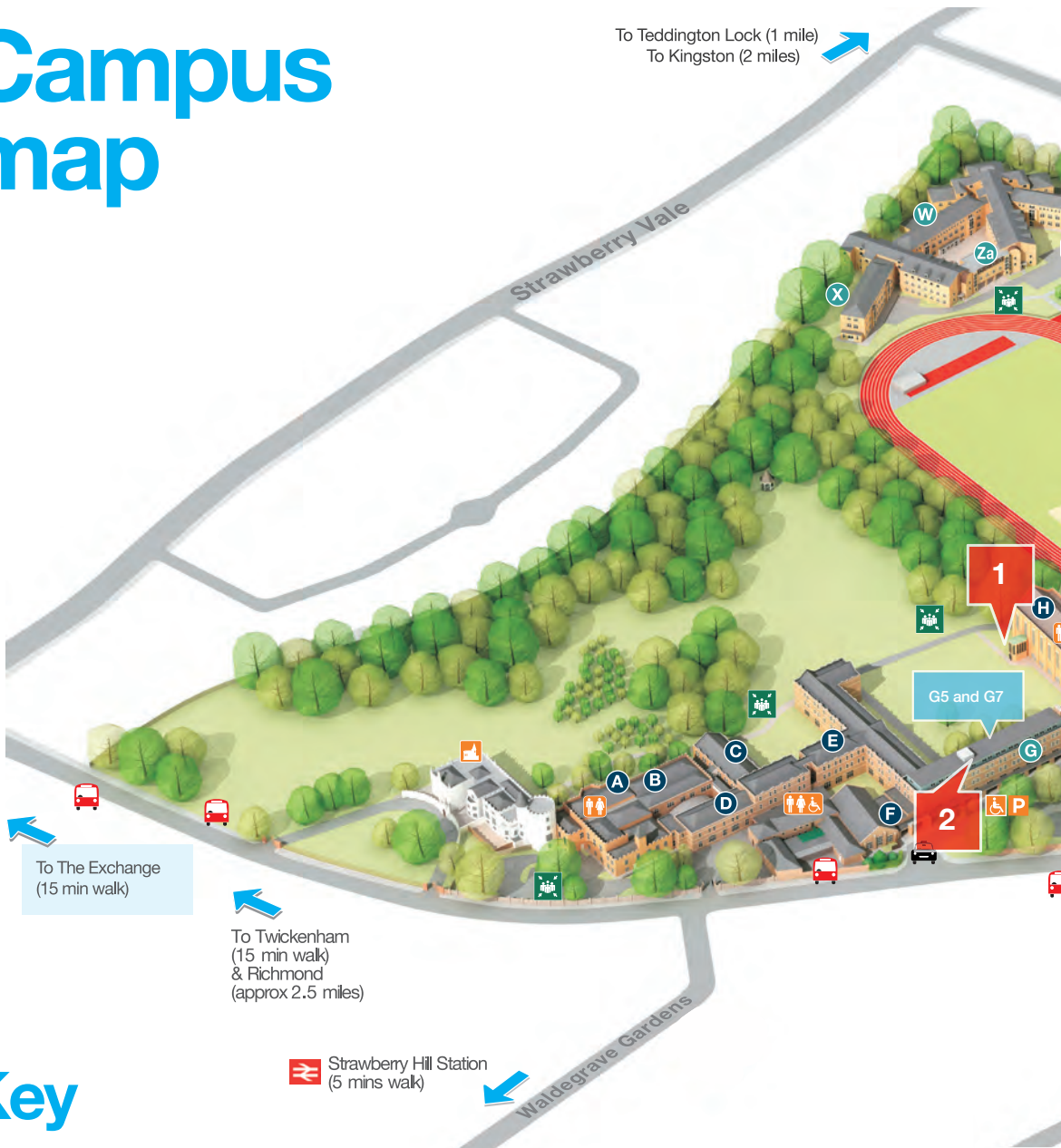
Follow us on Instagram @2025.simmies



Join the 2025 Simmie community today! Follow us to hear from our students, learn more about the opportunities available during your studies and meet your future classmates.

Campus map

To Teddington Lock (1 mile)
To Kingston (2 miles)



Key

Strawberry Hill House
(5 mins walk)

	Parking
	Disabled car parking areas
	Male and female toilets
	Male, female & disabled toilets
	Baby changing facilities
	Electric car charging point
	Café and restaurants
	Fire Assembly point

	Taxi drop-off
	Bus stop (33)
	Strawberry Hill House
1	Welcome Talk for Education, Theology and the Arts
2	Welcome Talk for Business and Law
3	Welcome Talk for Sport, Technology and Health Sciences

A	Waldegrave Suite
B	B & D Corridor Rooms
C	C Corridor Rooms
D	Drama Studios & Postroom
E	E & F Corridor Rooms
F	Main Reception, Security & Offices
G	Old House Lecture Rooms
H	Chapel
Hi	Library
J	Student Services (includes The 1850, Registry, Accommodation, Fees, Bar & Lounge)
Ji	Dolce Vita (food & drink)

In addition, we have 30 acres of playing fields with changing rooms at our Teddington Lock campus - about 15 minutes walk from the main campus.



Naylor Building, 60 Waldegrave & Teddington (10 min walk)

Heathrow Airport
(6 miles)

	Accommodation Halls	
K K Block Lecture Rooms & SMSU		
L L Block Lecture Rooms	S, T, U	Clive
M Computer Science Labs	Za, X, W, V	De Marillac, Graham, Wiseman, Doyle
N N Block Lecture Rooms		
Ni Refectory (food and drink)	Y	Cronin
O Commuter Lounge		
Q Chaplaincy	Z	Cashin
R Sports Centre, Clinic & R Block Rooms	5, 9, 13, 15, 17, 19, 21, 33, 35	Waldegrave Park houses
Ri Sports Hall		
S Shannon Conference Suite	G	Old House
T Theatre		
Zi Tennis Centre	16	16 Strawberry Hill Road

Thank you for visiting. We welcome your feedback.

Help us to ensure these events provide the best possible experience. Complete our survey to be entered into a prize draw for a £50 Amazon Voucher.

HOW DID WE DO?



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