

Applied Sports Nutrition – PGCert/PGDip/MSc

Dates for September 2025 entry

Please note: you will take either SNU7025 or SNU7032 depending on your academic background. Those with a nutrition or dietetics undergraduate degree will study SNU7032. Those with sport science based undergraduate degrees will study SNU7025. If you are unsure please contact the course lead James Fleming at james.fleming@stmarys.ac.uk

Full-time pathway

Module Code	Module Name	Dates
SNU7025	Principles of Human Nutrition	26 th – 28 th September 2025
SNU7032	Exercise Physiology & Metabolism of Exercise	26 th – 28 th September 2025
SNU7033	Sports Nutrition	14 th – 16 th November 2025
SNU7031	Research Methods and statistics	12 th – 15 th January 2026 (Intensive Week)
SNU7034	Applied Sports Nutrition	27 th February – 1 st March 2026
SNU7036	Advanced Sports Nutrition – Specialist Populations	24 th – 26 th April 2026
SNU7026	Anthropometry and Body Composition Management	8 th – 11 th June 2026 (Intensive Week)
SNU7010*	Directed Study	From Mid Jan 2026
SNU7023^	Research Project	From Mid Jan 2026

* PGDip only: Note. PGDip will not study SNU7031 nor SNU7023.

^ The project VIVA Day and hand in will take place on the second Monday of October

Part-time pathway

Please note: orange modules are taken in the second year. Students are advised to liaise with the course lead to discuss the best pathway to meet their needs. Part-time students must re-register for modules prior to commencement of year 2.

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